

Lee County Schools

Elementary Menus for August and September 2013



Welcome Back!



Lunch Prepayment will be Accepted

Sept 10 & 11

Full Pay (K-5) \$ 46.20

Full Pay (6-12) \$49.50

Reduced Pay (K-12) \$ 8.80

Meal Prices

Paid Lunch(K-5) \$2.10

Paid Lunch (6-12) \$2.25

Reduced Lunch (K-12) .40

Breakfast

Full Pay \$1.50



Breakfast provides energy for children's growing minds and bodies. Research shows that students who eat breakfast have increased physical endurance to help them make it through the school day

We are pleased to provide
**FREE AND
REDUCED-PRICE
MEALS**

for all students who qualify. It's simple to apply and we accept

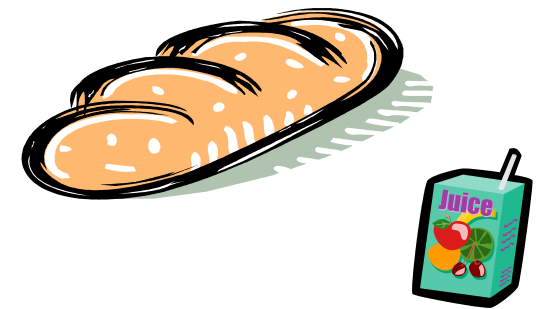
Our menus are subject to change.
Lee County Schools is an equal opportunity

Monday, August 26	Tuesday, August 27	Wed., August 28	Thurs., August 29	Friday., August 30
Hamburger Steak w/ Rice, Gravy and Grain Roll Chicken and Cheese Quesadilla <u>Fruit and Veggies</u> Green Beans Turnip Greens Fresh Apples <u>Breakfast</u> Mini French Toast Apple Cinn Cheerios	Baked Rotini w/ Grain Roll Chicken Wings w/ Grain Roll <u>Fruit and Veggies</u> Corn Tossed Salad Slice Pears <u>Breakfast</u> Strawberry Pop Tart Apple Cinn Cheerios	Ham and Cheese Sandwich Chicken Nuggets w/ Grain Roll <u>Fruit and Veggies</u> Oven Roasted Potatoes Steamed Cabbage Blueberry Cup <u>Breakfast</u> PB&J Uncrustable Apple Cinn Cheerios Coco Puffs	Whole Grain Corndog Vegetable Beef Soup w/ Toasted Cheese Sandwich <u>Fruit and Veggies</u> Candied Yams Pinto Beans Sliced Peaches <u>Breakfast</u> Toasted Cheese Sandwich Apple Cinn Cheerios	Pizza <u>Fruit and Veggies</u> Baby Carrots Lima Beans Fruit Slushie <u>Breakfast</u> Ham and Cheese Sandwich Apple Cinn Cheerios
Monday, Sept. 2	Tuesday, Sept. 3	Wed., Sept. 4	Thurs., Sept. 5	Friday., Sept. 6
No School Labor Day 	Nachos Turkey and Cheese Sandwich <u>Fruit and Veggies</u> Tossed Salad Green Peas Mandarin Oranges <u>Breakfast</u> Super Donut Frosted Flakes Golden Grahams	Chicken Fajita Hot Dog <u>Fruit and Veggies</u> Coleslaw Baked Beans Fruit Cocktail <u>Breakfast</u> Mini Waffles Frosted Flakes Golden Graham s	Pork Roast Sandwich Hamburger on Bun <u>Fruit and Veggies</u> Tater Tots Glazed Carrots Applesauce <u>Breakfast</u> Banana Bread Frosted Flakes Golden Grahams	Pizza PB &J Sandwich <u>Fruit and Veggies</u> Candied Yams Steam Broccoli w/ Cheese Sauce Baked Apples <u>Breakfast</u> Sausage Breakfast Pizza Frosted Flakes Golden Grahams

<i>Monday, Sept. 9</i>	<i>Tuesday, Sept.10</i>	<i>Wed., Sept. 11</i>	<i>Thurs., Sept. 12</i>	<i>Friday., Sept. 13</i>
Chili Beans w/ Corn Muffin Hotdog <u>Fruit and Veggies</u> Coleslaw Black- Eye Peas Fresh Grapes <u>Breakfast</u> Mini Pancakes w/ Syrup Fruit Loops Cinnamon Toast Crunch	Chicken and Rice w/ Grain Roll PB&J Sandwich <u>Fruit and Veggies</u> Lima Beans Baby Carrots Applesauce <u>Breakfast</u> Cinnamon Pop Tart Fruit Loops Cinnamon Toast Crunch	Spaghetti w/ Grain Roll Turkey and Cheese Sandwich <u>Fruit and Veggies</u> Tossed Salad Candied Yams Strawberry Cup <u>Breakfast</u> Mini Cinnis Fruit Loops Cinnamon Toast Crunch	Baked Chicken w/ Grain Roll Ham and Cheese Sandwich <u>Fruit and Veggies</u> Turnip Greens Creamed Potatoes Sliced Pears <u>Breakfast</u> Mini French Toast Fruit Loops Cinnamon Toast Crunch	Cheese Pizza Turkey and Cheese Sandwich <u>Fruit and Veggies</u> Green Beans Corn Fruit Slushie <u>Breakfast</u> Ham and Cheese Sandwich Fruit Loops
<i>Monday, Sept.16</i>	<i>Tuesday, Sept.17</i>	<i>Wed., Sept.18</i>	<i>Thurs., Sept.19</i>	<i>Friday., Sept.20</i>
Chicken Filet Sandwich Hamburger on Bun <u>Fruit and Veggies</u> Pinto Beans Oven Roasted Potatoes Apples <u>Breakfast</u> Apple Frudel Honey Nut Cheerios	Taco Soup w/ Tortilla Chip BBQ Pork w/ Grain Roll <u>Fruit and Veggies</u> Tossed Salad Sweet Potato Crinkle Fries Strawberry Cup <u>Breakfast</u> Banana Bread Honey Nut Cheerios	Fish Strips w/ Corn Muffin Turkey and Noodles w/ Grain Roll <u>Fruit and Veggies</u> Steamed Broccoli w/ Cheese Sauce Corn Pineapple Tidbits <u>Breakfast</u> Sunrise Flatbread Pizza	Macaroni and Cheese w/ Sausage Patty & Grain Roll Hot Dog <u>Fruit and Veggies</u> Coleslaw Green Beans Mixed Fruit <u>Breakfast</u> Ham and Cheese Sandwich Honey Nut Cheerios	Pizza PB&J Sandwich <u>Fruit and Veggies</u> Green Peas Baby Carrots Baked Apples <u>Breakfast</u> Pancakes w/ Sausage on a Stick Honey Nut Cheerios
<i>Monday, Sept. 23</i>	<i>Tuesday, Sept. 24</i>	<i>Wed., Sept 25</i>	<i>Thurs., Sept.26</i>	<i>Friday., Sept.27</i>
Hamburger Steak w/ Rice, Gravy & Grain Roll Chicken and Cheese Quesadilla <u>Fruit and Veggies</u> Green Bean Turnip Green Fresh Grapes <u>Breakfast</u> Mimi French Toast Apple Cinn. Cheerios Coco Puffs Toast	Baked Rotini w/ Grain Roll Chicken Nuggets w/ Grain Roll <u>Fruit and Veggies</u> Corn Tossed Salad Slice Pears <u>Breakfast</u> Strawberry Pop Tart Apple Cinn Cheerios	Ham and Cheese Sandwich BBQ Chicken w/ Grain Roll <u>Fruit and Veggies</u> Oven Roasted Potatoes Steamed Cabbage Blueberry Cup <u>Breakfast</u> PB&J Uncrustable Apple Cinn Cheerios Coco Puffs	Corndog Vegetable Beef Soup w/ Toasted Cheese Sandwich <u>Fruit and Veggies</u> Candied Yams Pinto Beans Sliced Peaches <u>Breakfast</u> Toasted Cheese Sandwich Apple Cinn Cheerios	Pizza Ham and Cheese Sandwich <u>Fruit and Veggies</u> Baby Carrots Lima Beans Fruit Slushie <u>Breakfast</u> Ham and Cheese Sandwich Apple Cinn Cheerios

News

All Bread products offered in
Lee County Schools
Cafeterias are Whole Grain-Rich



A variety of milk is offered daily at lunch.
A variety of fruit juice and milk is offered
daily at breakfast.

